



**FINAL EXAMINATION
DIPLOMA IN ACCOUNTING AND FINANCE
DIPLOMA IN CORPORATE COMMUNICATION
DIPLOMA IN COMPUTER SCIENCE**

COURSE	: PROFICIENCY ENGLISH II
COURSE CODE	: HPE1023
DURATION	: 2 HOURS

INSTRUCTIONS TO CANDIDATES:

1. This question paper consists **THREE (3)** parts : PART A (3 questions)
PART B (10 questions)
PART C (2 questions)
2. Answer ALL questions in the question paper.
3. Please check to make sure that this examination pack consists of:
i. The Question Paper
4. Do not bring any material into the examination hall.
5. Please write your answer using permanent ink.

**MYKAD/
PASSPORT NO** : _____

ID. NO. : _____

LECTURER : _____

SECTION : _____

DO NOT OPEN THIS QUESTION PAPER UNTIL YOU ARE TOLD TO DO SO

This question paper contains of 10 printed pages including the front page.

PART A: READING COMPREHENSION

Read the passage below and answer all questions.

FINDING BALANCE IN FOOD

- i Nutritionists around the world often speak about the importance of a balanced diet. A balanced diet usually means eating more fruits, vegetables, and grains and consuming fewer foods high in fat, sugar, and cholesterol. When comparing the food habits of different cultures, however, the definition of a “balanced diet” might also be seen differently. A person’s culture can influence the way he tries to find balance in the foods he consumes. Cultures might view balance differently according to the way a dish tastes, or how a meal is prepared and served. Looking at the concept of a “balanced diet” through the eyes of two very different cultures makes it clear that the definition can differ greatly. 5
- ii For the French, balance does not come only from using different kinds of ingredients; enjoying the tastes of the country’s many regions can also make their diet feel balanced. France is divided into 22 regions. Each region has its own local cuisine and food traditions, or what the French call *terroir*. French cafes, restaurants, and food advertisements often refer to the different regions, and to the fact that French people find pleasure in eating foods from different parts of the country in a search for balance. 10 15
- iii One can also see balance in the way the French serve their food. A traditional French meal can have from three to seven different courses. It might include an appetizer, a main plate, a side plate, a cheese plate, a salad, and a dessert, which makes it a well-balanced dining experience. Each dish is eaten and enjoyed separately, and portions are small. This practice has even affected the menus of fast-food chains. Many French people dislike the traditional fast-food meal because it is too simple and quick, so fast-food restaurants in France have changed their menus. 20
- iv Like French cuisine, traditional Chinese cooking also tries to find balance, but in a different way. In China, the concepts of yin and yang influence the way food is traditionally prepared and eaten by the Chinese. Yin and yang symbolize balance and harmony between opposing forces. According to traditional beliefs, some foods, like carrots, water, and tofu, have yin properties because they are “cool” foods, which decrease body heat. In contrast, yang foods, such as chicken, eggs, and mushrooms, are “warm” foods, which increase body heat. The principles of yin and yang can apply to cooking methods as well. Water-based cooking like boiling and steaming has yin qualities. Frying and roasting are yang methods. 25 30
- v The **challenge** in traditional Chinese cooking is to prepare and eat meals that balance yin and yang qualities. The Chinese believe that achieving this kind of balance can result in improved health. For instance, dishes like beef with broccoli and 35

sweet and sour chicken are considered healthy because they have a balance of foods, colors, flavors, and textures. To the Chinese, food acts as medicine. A person with heartburn might have too much yang because she is eating too much spicy food.

- vi As a result, a doctor might tell her to drink iced tea, a source of yin, to balance the yang force. 40

- vii France and China have very different cultures, and people in each culture have their own ideas of what **constitutes** a balanced meal, whether its tastes, menus, ingredients, eating habits, or nutritional benefits. What connects the two, however, is a shared desire to find some kind of balance. They are closely related, and their connection can be observed around the world in every different and fascinating ways. 45

(Adapted from Margot F. Gramer, Colin S. Ward, Oxford University Press 2011)

Answer all questions.

1. What do the following words refer to?

- i. *'this practice'* in line 21 refers to _____
- ii. *'it'* in line 22 refers to _____
- iii. *'opposing forces'* in line 27 refers to _____
- iv. *'they'* in line 36 refers to _____
- v. *'the two'* in line 43 refers to _____

(5 marks)

2. What is the closest meaning for the following words according to the text?

- i. **consumes** in line 6 means _____
- ii. **regions** in line 11 means _____
- iii. **courses** in line 18 means _____
- iv. **challenge** in line 33 means _____
- v. **constitutes** in line 42 means _____

(5 marks)

3. Answer the following questions according to the passage.

- i. According to the writer, what can influence a person in trying to find balanced food?

(1 mark)

- ii. How did the French balance their meals?

(1 mark)

iii. Why did many French dislike their traditional fast-food meal and what is the effect towards the fast-food restaurants in France?

(2 marks)

iv. Why did the Chinese consider beef with broccoli and sweet and sour chicken healthy?

(2 marks)

v. Based on paragraph iv, what are considered as "cool" foods? Give THREE (3) examples of the cool foods.

(2 marks)

vi. According to Chinese belief, what is the factor that can cause heartburn and how to heal from it?

(2 marks)

(Total: 10 marks)

(TOTAL: 20 MARKS)

PART B: GRAMMAR

Correct the following sentences by underlining the error and writing the correct answer in the space provided.

- 1. Bees does not sting you unless they are frightened. _____
- 2. Hello Greg? I ring about tomorrow's match. Can you play for the team? _____
- 3. She was drinking so much so she fall down. I hope she learnt her lesson. _____
- 4. The river will burst its banks if this heavy rain will continue. _____
- 5. I have finish the assignment on water pollution. I am going to the movies tonight. _____
- 6. The children was making so much noise I couldn't hear what the teacher said. _____
- 7. Mr. Rama has been very depressed since his wife dies. _____
- 8. The prefect talked to the boy when he suddenly fainted. _____
- 9. I will going to the concert tomorrow. I booked my ticket this morning. _____
- 10. She has talked to several specialists about her problem, but nobody know why she is sick. _____

(TOTAL: 10 MARKS)

QUESTION 2

Read the following text carefully and write a summary in about 80 words on “How to End Traffic Problems”.

Ideas for Ending Our Traffic Problems

We live in a beautiful city that has so much to offer its residents: museums, theatres, many restaurants, and large parks. But our city also has many problems that need to be addressed. Our downtown area is so congested with traffic at times that it is impossible to get anywhere; buses can't move, nor can delivery trucks or people trying to walk. The air is filled with exhaust from cars and buses that are unable to move. Currently our downtown area is not a pleasant place to be because of the congestion, and this is a serious situation that needs to be addressed immediately.

First, we need to ban passenger cars from the downtown area. This would allow trucks to make their deliveries more quickly. Also, people would be able to walk the streets without the risk of being killed. The width of the sidewalks could be expanded, allowing for more pedestrian traffic. With fewer vehicles, CO² emissions would be lowered, meaning air quality would improve.

Second, if we can ban cars from our downtown areas, we will need to provide alternative forms of transportation for people coming to shop and visit. One way to do this is with streetcars. One hundred years ago, when there were fewer cars, the air quality was much better, and people were used to using streetcars to get from place to place. People could leave their cars at home and take a streetcar into the downtown area. Since streetcars are electric, there would be no increase in CO² fumes.

Another way to decrease the traffic of our downtown area is to encourage people to ride bikes. This would require building more biking lanes. Bike racks could be built at various locations around the city. Bike rental systems like the ones in Barcelona and Paris would help promote the use of bikes for those who don't own them.

Our downtown area has become extremely crowded in recent years, and it's time to start taking action to change this. Eliminating cars from downtown, introducing a streetcar system, and creating bike lanes are a few possible solutions to improve our city. One result will be an improved downtown area. Another result will be increased profits for downtown businesses.

(20 marks)

(TOTAL: 50 MARKS)

END OF QUESTION PAPER